Effect of Boric Acid on the Properties of Sorbitol Plasticized Starch/PVA Blends

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ABSTRACT

This research aimed to focus on the thermochemical and physico-mechanical properties along with biodegradability nature of partially pregelatinized maize starch (PMS) and polyvinyl alcohol (PVA) based biocomposites. Several PMS/PVA/BA (varying the mass ratio, wt %) based biocomposites were prepared by solution casting with and without sorbitol plasticizer. Boric acid (BA) used as cross linked agent. The FT-IR, DSC and TGA results revealed that the hydrogen bonding takes place between PMS and PVA in presence of BA and thus biocomposites shown more thermal stability than that of pure PMS and PVA provided by TGA and DSC. Based on the results, sorbitol plasticized PMS/PVA/BA (5%) was optimized as pliable and stable biocomposite; the tensile strength (TS)and percentage of elongation at break (EB%) was 16.6 MPa and 11.2 % respectively. However, unplasticized biocomposites shown the highest TS (38.1 MPa) but were hard and brittle. Moreover, the optimized biocomposite was the lower moisture sensitivity and moderate water solubility compared to other biocomposites. In addition, the biodegradability nature of biocomposites were also investigated and found it biodegradable. Thus, the optimized biocomposite (PMS: PVA: BA with a ratio of 40:55:5) can be used as effective and eco-friendly packaging material.

Key words

Biocomposite, Biodegradation, Pregelatinized Maize Starch, PVA



INTRODUCTION

Owing to the petroleum based synthetic solid waste accumulation, the developments of bio based materials are of great interest today. Many research groups have been paying their utmost efforts to develop sustainable biocomposite materials with less hazardous effect on the environment. In recent times, the study on the starch based biodegradable nanocomposites films incorporated with cellulose nanocrystal (NCC) reinforcement have progressed significantly (Balakrishnan etal.,2017; Sucaldito, M. R., & Camacho, D. H., 2017;

Noshirvani, 2016; Harun et al., 2016; Babaee et al., 2015). New materials from renewable resources have already gained much attention during the last decades due to global need for alternatives to fossil resources (Belgacem, M. N., & Gandini, A., 2011). PMS/PVA based biocomposite with boric acid as cross linker can be one promising alternative for green environment. Starch (PMS) is a naturally biopolymers with the potential advantages such as low cost, available from renewable resources and capable to replace some synthetic polymers (Martinset al., 2009). However, the inherent disadvantages of starch (high water absorbency, low tensile property), have limited to wider applications. It can be thermoplastic when plasticized with water or other plasticizers-glycerol, sorbitol, and other low-molecular weight polyhydroxy compounds. For developing its properties, starch is being usually blended with other thermoplastic polymers (Chen, Y.et al., 2008). The mechanical properties of starch polymer matrix significantly developed in the presence of natural fillers as reinforcements (Savadekar, N. R. & Mhaske, S. T., 2012). In addition, PVA exhibits good mechanical and barrier properties and is extremely compatible with starch. It is a water-soluble, nontoxic, flexible and synthetic biodegradable polymer. Furthermore, PVA has the characteristics of ease of preparation, good film formation, strong conglutination, high thermal stability, excellent chemical resistance, good durability, and adhesive properties (Chen, N.et al., 2007). Another report shown that PVA based biodegradable composites have been prepared by the incorporation of natural polymers such as pea starch and cellulose (Chen, Y. et al., 2008). Owing to the versatile characteristics of PVA, researchers have gained attention on the preparation of bio-blend films incorporating PVA and starch (Maria Rapa et al., 2014). Considering the environmental issues, among the various crosslinking agents, boric acid was used due to its excellent crosslinking agent and has no adverse effect on the environment(Yin, Y.et al., 2005). Moreover, boric acid is beneficial to the growth of plants. Therefore, the purpose of this research was to focus on the biodegradability and recyclability nature along with thermochemical and physico-mechanical properties of partially pregelatinized maize starch (PMS) and polyvinyl alcohol (PVA) based composites for cost effective eco-friendly packaging material. So far, no such observation on PMS/PVA based biocomposites incorporated with boric acid have been reported yet.

EXPERIMENTAL MATERIALS AND METHODS

Materials

White granular partially pregelatinized maize starch (PMS, pharma grade) having particle size between 75-125 µm containing 9% moisture was collected from Colorcon, USA. Polyvinyl alcohol (PVA) with a molecular weight of 115,000 was purchased from Merck (Schuchardt OHG 85662, Hohenbrum, Germany). Sorbitol and boric acid (BA) used were reagent grade and purchased from Merck (India).

Methods

Obtainment of PMS/PVA based biocomposite films

The biocomposite films were prepared by solution casting method. Several formulated films (PMS: PVA: BA; 4:5:0, 4:5:0, 4:5:1, 4:5:1, 4:5:2; wt %) were prepared with and without sorbitol. The colloidal suspension of PMS in deionized water was prepared by continuous stirring with a magnetic hot plate at about 70 °C for 1h. PVA was dissolved in deionized water by continuous stirring with a magnetic hot plate through heating at about 90 °C for 2h. The colloidal suspension of PMS, PVA and BA were blended for 2h through heating at

about 85-90 °C by continuous stirring until the homogeneous mixture obtained. Sorbitol (1 % by v/v), a plasticizer was added to the resultant mixture during blending process after 1.5h stirring. Finally, the biocomposite films were prepared by solution casting on a silicon paper coated glass plate, dried with the relative humidity (RH) at approximately 50% in the room temperature and removed from the plate for characterization.

Fourier Transform Infrared (FTIR) spectroscopy

FT-IR spectra of the biocomposite film samples were recorded on a PerkinElmer spectrophotometer. The spectrophotometer was equipped with an attenuated total reflectance (ATR) accessory with a germanium crystal. The spectral resolution was 4 cm⁻¹ with a scanning range from 4000-400 cm⁻¹.

Differential Scanning Calorimetry (DSC)

DSC analysis was performed using a PerkinElmer DSC-7 system under nitrogen atmosphere. The measurements were performed while heating the samples (5-10 mg) at a rate of 10 $^{\circ}$ C/min within the temperature range of 0-400 $^{\circ}$ C.

Thermo gravimetric Analysis (TGA)

TGA analysis was performed using a Thermo gravimetric analyzer (model TGA-50, Shimadzu, Japan) under nitrogen atmosphere. The measurement was performed while heating the samples inside a closed crucible at a rate of 10 °C/min within the temperature range of 30-600 °C. Nitrogen was used as a purging gas.

Mechanical properties (Tensile strength and percentage of Elongation at break)

The tensile properties such as, tensile strength (TS) and percentage of elongation at break (EB%) of the biocomposite films were measured with a universal testing machine (Hounsfield, model H50 ks 0404, UK) by ASTM D 882-80a (1995a). The determinations were performed at least in triplicate.

Water Solubility measurement

The water solubility of the biocomposite films was measured by using a modified reported method (Martelli S. M.et al., 2006). Various films having dimension 30×30 mm2 were dried at 60 °C for 24h in a vacuum oven. The dried films were kept in a desiccators containing silica gel for about half an hour. The conditioned specimens were immersed in 100 mL deionized water kept in a beaker for 24 h. Each of the films (with an initial weight) were weighed and recorded. After 24 h soaking in water, each of the films were removed, oven dried and final dried specimens were weighed and recorded. The determinations were performed in triplicate.

Moisture uptake

The moisture uptake of the biocomposite films was measured by the reported method (Cao, X. *et al.*, 2007). The films having dimension 30×30 mm² were dried at 60 °C overnight in a vacuum oven. The dried specimens were kept in a desiccator containing silica gel for 6 hours (0% of RH). Each of the samples were weighed initially and recorded. After taking initial weight, each of the specimens was conditioned at room temperature in a desiccator of 98% RH (conditioned by saturated CuSO₄.5H₂O solution) for seven days. Seven days later, the specimens were removed from desiccator, weighed and recorded. The moisture uptake was determined as the percentage increase in weight after being conditioned for 7 days at 98% of RH. The determinations were performed in triplicate.

Biodegradation Test

The biodegradation test of the several biocomposite samples were performed by soil burial test (Harun *et al.*, 2016). The samples were cut into 30×30 mm²dimensions, dried, weighed and placed into soil bed under anaerobic condition (approximately 98% of RH.0.5, 1,2 and 3 months later, the samples were removed from the soil bed respectively and gently washed with distilled water. After drying the samples at 105 °C for 1 h, the final weight of each specimen were recorded. The degree of soil degradation was measured by the following equation:

Degree of soil degradation =[$(W_o - W_d) \times 100\%$]/ W_o

Where W_o and W_d are the initial and final weight in dried condition (before and after degradation respectively) of the biocomposite sample. The determinations were performed in triplicate.

RESULTS AND DISCUSSION

FTIR analysis

The interaction between starch (PMS) and PVA with the incorporation of boric acid as crosslinker through hydrogen bonding is very important factor for biocomposites and the FT-IR spectra enable the interactions to be identified. The spectral changes in peak bandwidth and frequency provide important data for interpretations of hydrogen bonding formation in the biocomposites. The FT-IR spectra of pure PMS, PVA and selected biocomposites are shown in Fig1. The main characteristics peaks in the spectrum of PMS, PVA and several biocomposites are also listed in Table 1.





In the FT-IR spectrum of the unplasticized PMS/PVA/BA based biocomposite, a characteristic peak was observed at 3311 cm⁻¹; due to the presence of intermolecular and intramolecular hydrogen-bonded –OH groups. The hydrogen-bonded –OH absorption peak of PMS (3344 cm⁻¹) slightly decreased to 3311 cm⁻¹ in biocomposite; which indicates that hydrogen bonded–OH group of PMS was more strong by boric acid as cross-linker. A sharp

band was observed at 2941 cm⁻¹; indicating the presence of aliphatic C-H stretching vibrations that was shifted to higher value than that of PMS and PVA. Another peak was found at 1647 cm⁻¹; indicating bending vibration of the hydrogen bonding -OH group that was nearto PMS and PVA. However, the FT-IR spectrum of the sorbitol plasticized PMS/PVA/BA based biocomposite, a characteristic broad band was observed at 3275 cm⁻¹; due to the presence of intermolecular and intramolecular hydrogen-bonded –OH groups. The hydrogen-bonded –OH absorption peaks of PMS (3344 cm⁻¹) and PVA (3292 cm⁻¹) significantly decreased to 3275 cm⁻¹ in biocomposite; which indicated that hydrogen bonding took place between PMS and PVA by boric acid as cross-linker. This result was similar with the previous published report (Wolkers *et al.*, 2004; Yin, Y.*et al.*, 2005; Sreedhar *et al.*, 2005).

Functional group	PMS (cm ⁻ⁱ)	PVA (cm ⁻¹)	PMS/PVA (cm ⁻¹)	PMS/PVA/S orbitol (cm ⁻¹)	PMS/PVA /BA (cm ⁻¹)	PMS/PVA/BA/ Sorbitol (cm ⁻¹)
OH stretching	3344	3292	3327	3270	3311	3275
C-H stretching	2924	2935	2929	2921	2941	2933
Bound water	1641	1653	1649	1649	1647	1647
Vibrations associated to	1413/1340	÷	1416/1330	1423/1326	1410/1325	1415/1330
C-O stretching of C-O-C	1002	1080	1083	1070/1017	1010	1080/1023
C-O stretching of C-O-H	1147	1130	1143	-	1135	1141

Table 1: Summary	of the	FTIR	results
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A sharp band was observed at 2933 cm⁻¹; indicating the presence of aliphatic C-H stretching vibrations that more or less similar with PMS and PVA. Another peak was found at 1647 cm⁻¹; indicating bending vibration of the hydrogen bonding -OH group that of nearto PMS and PVA. Two peaks were found at 1415 and 1330 cm⁻¹; which was attributed to the combination frequencies of –CH and –OH. The single C-O stretching of C-O-C group in PMS and PVA transform into double peaks at 1080 and 1023cm⁻¹ with the addition of sorbitol plasticizer in composite samples (Yoon *et al.*, 2006a). The changes in FT-IR spectrum of other biocomposites are shown in Table 1.

Differential Scanning Calorimetry (DSC) Analysis





The DSC thermo grams of the PMS, PVA and selective PMS/PVA/BA based biocomposite samples shown in Fig 2. PMS and PVA exhibit sharp endothermic peaks (typically of a semi crystalline polymeric system) that have been associated with the melting of crystalline PMS and PVA domains reorganization. The main thermal parameters of PMS, PVA and biocomposite samples are listed in Table 2.

The DSC thermograms of PMS showed a broad endothermic peak at 84 °C, indicates the T_g of PMS; as well as the crystallization transition. Another strong and narrow endothermic peak was observed at 218.26 °C; which represented the melting temperature T_m . For pure PVA, a broad endothermic peak at around 77 °C was found on the thermograms indicated the T_g of PVA; as well as the crystallization transition. Another strong and narrow endothermic peak was observed at 210°C; which represented the melting temperature T_m of PVA. In the DSC thermograms of unplasticized PMS/PVA/BA based biocomposite, a broad peak at around 75 °C was found on the thermograms that indicated the T_g of biocomposite and no clear T_m was observed. For sorbitol plasticized PMS/PVA/BA based biocomposite, a broad peak at around 70 °C was found on the thermograms that obviously indicated the T_g of biocomposite.

Sample/Composites		Tm
PMS	84	218.26
PVA	77	210
PMS/PVA	102	None
Sorbitol plasticized PMS/PVA	95	none
PMS/PVA/ BA	75	None
Sorbitol plasticized	70	None

Table 2: Tg and Tm of PMS, PVA and several PMS/PVA based biocomposites

Moreover, addition of sorbitol plasticizer in composite, it was found that T_g decreased (which is lower than that of PMS and PVA) significantly and also found absent of clear T_m . This may be due to the loss of –OH groups that exist in PMS and PVA because of crosslinking. Cross linked composites prepared by containing sorbitol as a plasticizer exhibited lower T_g . These result might be attributed because of plasticizers reduce the T_g value of polymers. These results were similar with the report that observed the effect of plasticizers in different polymer blend composites by investigating the degree of changes in T_g (Yoon *et al.*, 2006a; Sreedhar *et al.*, 2006.

Thermogravimetric Analysis (TGA)

The TGA thermograms of pure PMS, PVA and several biocomposites shown in Fig 3. In the TGA thermograms of pure PMS, only three weight loss steps were observed. The initial weight loss (11.47%) occurred within the temperature range 40.0–201.12 °C; due to the elimination of moisture and water. Steps 2 and 3 were the degradation step. The maximum degradation (50.28%) was observed on step 2 in the temperature range 201.12–402.95 °C; with most prominent degradation at 310°C due to the characteristic decomposition of PMS (cracking of PMS) (Muller *et al.*, 1998). Some gases such as CO₂, CO, H₂O and other small volatiles are released during this stage along with carbonaceous residue formation (Zhou, X *et al.*, 2009). The last stage took place between 488.42-599.62°C and corresponds to the decomposition of previously formed residue (Muller *et al.*, 1998).In the TGA thermograms of pure PVA, three weight loss steps were observed.



Fig 3: TGA thermograms of starch (PMS), PVA and several PMS/PVA based biocomposites

The initial weight loss (10.43%) within the temperature range 50.0–288.83 °C was associated with the elimination of moisture and water. Steps 2 and 3 were the degradation step. In step 2, the maximum degradation (74.91%) was observed in the temperature range 288.83–525.00 °C and was due to the characteristic decomposition of PVA. In degradation step 3, from 525to 599.34 °C a slow degradation of 13.41% was observed, due to the characteristic decomposition of PVA (cracking of PVA). Afterwards, the curve becomes flat which indicated that only the inorganic residues were left (Zhou, X et al., 2009). The TGA thermograms of sorbitol plasticized and unplasticized PMS/PVA with or without BA based biocomposite, three weight loss steps were observed. It was observed that both sorbitol plasticized and unplasticized PMS/PVA/BA biocomposite samples showed similar weight loss in different steps of degradation, and neither completely resembled with PMS or PVA; although the unplasticized sample maintained its weight for longer temperature range. However, the PMS/PVA/BA based biocomposites experienced the overall lowest thermal degradation; therefore, more thermally stable. This result supported by the report (Yin, Y. et al., 2005; Sreedhar et al., 2005) that might be due to the crosslinking through hydrogen bonding between PMS and PVA by BA as cross-linker. This result again found the resemblance with FT-IR and DSC analysis.

Tensile properties (Tensile Strength and percentage of Elongation at Break)

Cross linking agents and plasticizers often tend to have opposing effects on the tensile properties of the composites. Generally, the tensile strength increased and the elongation at break decreased as the percentage of cross linking agent increased. The results are often opposite when plasticizers are increased (Sreedhar *et al.*, 2006). Fig 4a shows the tensile strength (TS) and percentage of elongation at break (EB %) of unplasticized PMS/PVA based biocomposites containing various amounts of BA. It has been observed that, the tensile strength showed an upward trend; and then eventually fell off with increasing boric acid. The reason can be attributed due to the hydrogen bonds that were taking place between PMS and PVA in presence of BA. This result was also supported by the report that stated the hydrogen bonding occurs between starch and PVA by boric acid (Yin, Y. *et*

al., 2005) and borax (Sreedhar *et al.*, 2005) as cross-linker. Similar results were also observed on the FTIR, DSC and TGA analysis as well. For elongation, the opposite scenario was found, as EB (%) first decreased and then started increasing again. The TS value was observed 17.2, 33.5, 38.1, 33.5 and 21.8 MPa; while EB (%) was 9.6, 6.4, 5.9, 6.4 and 8.5 % for unplasticized biocomposites containing 0, 5, 10, 15 and 20% boric acid respectively. Fig 4b shows the tensile strength (TS) and percentage of elongation at break (EB%) of sorbitol plasticized PMS/PVA based biocomposites containing various amounts of boric acid.



4a

4b

Fig 4: Tensile strength (TS) and percentage of elongation at break (EB %) of unplasticized PMS/PVA (4a) and sorbitol plasticized PMS/PVA (4b) based bio-composite as a function of BA content

It has been also observed that, the tensile strength increased with increasing boric acid content, while percentage of EB kept falling off. TS was observed to be 12.1, 16.6, 17.0, 18.3 and 18.8 MPa; while percentage of EB was found to be 18.9, 11.2, 6.4, 2.4 and 2.4 % for samples containing 0, 5, 10, 15 and 20% boric acid respectively.

Water solubility

The water solubility of various biocomposites is shown in Fig 5a. It has been observed that the solubility of both unplasticized and sorbitol plasticized PMS/PVA biocomposites increased with increasing BA content.

The water solubility was 36.9, 43.9, 61.0, 65.1 and 69.5 % for unplasticized composites containing 0, 5, 10, 15 and 20% boric acid respectively; whereas it was 42.9, 49.5, 62.2, 66.9 and 100 % for sorbitol plasticized composites containing 0, 5, 10, 15 and 20% boric acid respectively. It was also observed that 5% BA containing biocomposites exhibited relatively low water solubility than that of other composites. This result may be due to strong hydrogen bonding takes place between PMS and PVA when 5% BA was used rather than higher BA content.

This finding is similar to citric acid where carboxyl groups formed strong hydrogen bonds with the hydroxyl groups on starch, thus improving the interaction between the molecules and decreasing the water sensitivity (Spinella et al., 2016). Plasticization was also boosted the water solubility.



Fig. 5: The water solubility (5a) and moisture uptake (5b) of unplasticized PMS/PVA and sorbitol plasticized PMS/PVA based bio-composite as a function of the variation of boric acid (BA) content

Moisture uptake

Because of the strong hydrophilicity of PMS molecules, a strong PMS film showed high water absorbency. Cross linking of PMS macromolecules reinforces the intermolecular binding by introducing covalent bonds that supplement natural intermolecular hydrogen bonds so as to improve the water resistibility (Krumova et al., 2000). Since pure PVA and PMS is highly sensitive to moisture, any decrease or increase in moisture sensitivity for the biocomposites is very significant. From the Fig 5b, for both sorbitol plasticized and unplasticized biocomposites, the moisture uptake increased with increasing the amount of BA. Plasticized samples showed more moisture uptake than their unplasticized counterparts. Since sorbitol exhibit extremely hydrophilicity, introducing it in the composites boosted water uptake greatly. The moisture up take was 25.6, 28.0, 55.5, 60.2 and 66.5 % for unplasticized composites; whereas it was 41.9, 42.4, 57.2, 62.3 and 68.5 % for sorbitol plasticized composites containing 0, 5, 10, 15 and 20% boric acid respectively. Like that water solubility, for plasticized biocomposite containing 5 % BA showed a low moisture sensitivity than that of other composites, however, the unplasticized biocomposite had relatively lower percentage of moisture uptake than that of plasticized biocomposite. The lower percentage of moisture uptake in composite than that of other composites once more proved that hydrogen bonding takes place between PMS and PVA. (Gohil et al., 2006). Thus, the moisture sensitivity of PMS/PVA based biocomposite greatly influence by the incorporation of BA content.

Biodegradation test

The biodegradation of several composites are shown in Fig 6. It has been observed that the degradation rate increased with increasing time. The findings revealed that the biodegradation rate after 3 months was 70 and 72 % for unplasticized PMS/PVA/BA and sorbitol plasticized PMS/PVA/BA composites respectively. This result was supported with the findings reported by Bastioli et al. research group (Harunet al., 2016; Tudorachi et al., 2000). Slow degradation results of biocomposites may be attributed due to cross linking occur through hydrogen bonding between PMS and PVA incorporated with BA cross-linker. In addition, the degradable data for composites without BA were not recorded after2 months due to the cracking and thus dispersal in soil. The biodegradability results of pure

PMS and PVA were not shown as they exhibited quick degradation. Thus, this finding was also analogous with all results described in this article.



Fig 6: Biodegradation (%) versus time (Month) for several bio-composites

CONCLUSION

As a result of the increasing of synthetic polymer based solid waste accumulation and considering the environmental issues, development of new biodegradable materials from renewable sources have gained great attention of researchers. However, biopolymers cannot merely be used and should be incorporated with other biodegradable materials to improve their physico-mechanical properties as a sustainable product. Although the properties of variety of starch/PVA blends have been investigated, innovative sustainable biocomposite materials are highly needed for green environment in commercial scale. In this sense, several PMS/PVA/BA based biocomposites have been investigated in different mass ratio. While investigating the chemical, thermal and physico-mechanical properties along with biodegradability nature; different techniques were applied to characterize the biocomposites. The FT-IR, DSC and TGA results revealed that the hydrogen bonding takes place between PMS and PVA through crosslinking by boric acid. The cross linked composites also shown enhanced mechanical properties and thus thermally stable (reduction of Tg) than that of neat PMS and PVA. In addition, sorbitol plasticization lowers the mechanical strength but confirms the flexible (free of cracking) biocomposite. However, using of sorbitol, composites exhibited the higher water solubility and moisture uptake. In addition, the composite was also investigated for biodegradability and found it biodegradable. Thus, the results revealed that sorbitol plasticized PMS/PVA composite incorporated with 5% BA showed comparatively lower moisture sensitivity, moderate water solubility, optimum mechanical properties and good thermal stability than that of other composites. Based on the properties stated in this article, sorbitol plasticized PMS/PVA/BA (5%) blend was optimized as pliable and sustainable biocomposite materials for packaging application. So far, no specific research on sorbitol plasticized PMS/PVA/BA based biocomposites has been reported yet. Therefore, based on this report and review of related works, sorbitol plasticized PMS/PVA/BA based biocomposite can be alternative approach as an innovative eco-friendly packaging material.

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